

coop deals

DEC 17 - DEC 31, 2025



10.49

Reg. \$12.99

**Lake Champlain Chocolates
Organic Hot Chocolate Mix**

16 oz., select varieties

See our
**Holiday
Gift Guide**
p. 6-7



5.49

Reg. \$8.49

**Immaculate Baking
Organic Cinnamon Rolls**

17.5 oz.



6.49

Reg. \$6.99

**Organic Valley
Egg nog**

32 fl. oz.



4.99

Reg. \$6.99

**Traditional Medicinals
Organic Teas**

16 ct., select varieties



MIDDLEBURY
NATURAL
FOODS
CO-OP

LOCALLY GROWN,
COMMUNITY OWNED
SINCE 1976

OPEN DAILY 8AM-7PM

9 Washington St.
(802) 388-7276
Middlebury.coop

BULK

7.99^{lb}

Reg. \$10.99 lb

**Organic
Frozen Raspberries**

per pound

8.99^{lb}

Reg. \$10.99 lb

**Equal Exchange
Organic
Hot Cocoa**

PLU #1134

6.99^{lb}

Reg. \$8.99 lb

**Sunridge
Zen Party Mix &
Wasabi Samurai Mix**PLU #118
select varieties14.99^{lb}

Reg. \$18.99 lb

**Tierra Farms
Organic Roasted
Mix Nuts**PLU # 85, 222
select varieties8.99^{lb}

Reg. \$12.99 lb

**Organic
Roasted & Salted
Pistachios**

PLU #143

5.49^{lb}

Reg. \$6.99 lb

**Organic
Date Rolls in Coconut**

PLU #277

4.49^{lb}

Reg. \$6.99 lb

**Organic
Delget Dates**

PLU #833

3.29^{lb}

Reg. \$3.99 lb

**Organic
Sunflower Seeds**

PLU #150

2.99^{lb}

Reg. \$3.99 lb

**Organic
Black Eyed Peas**

PLU #34

ENTERTAINING

Perfect for Entertaining

If holiday entertaining is stressing you out, just stop by the co-op and find plenty of delicious snacks. Carr's Crackers pairs well with dips, cheese balls and more - add a nice crunch to all the seasonal snacking. Find them at the co-op while they're on sale.



5.99

Reg. \$7.49

Bonne Maman Preserves

13 oz., select varieties



4.49

Reg. \$5.99

Fever Tree Sodas

4-6.8 fl. oz., select varieties



3.79

Reg. \$4.99

Divina Cocktail Onions

10.6 oz.

6.29

Reg. \$7.99

Divina Olives Stuffed with Blue Cheese

7.8 oz.



3.79

Reg. \$4.49

Blue Diamond Nut Thins

4.25 oz., select varieties

REFRIGERATED

4.49

Reg. \$5.99

Organic Valley
Cheese Shreds
and Crumbles

4 oz., select varieties



4.49

Reg. \$5.99

Organic Valley
Shredded Cheese6 oz.
select varieties

5.99

Reg. \$6.99

Earth Balance
Organic
Buttery Spread

13 oz.



4.99

Reg. \$5.99

Kerrygold
Butter8 oz.
select varieties

3.99

Reg. \$4.99

Green Valley
Organic
Cream Cheese

8 oz.



2/\$8

Reg. \$5.99

Immaculate Baking
Organic Biscuits
or Crescent Rolls16oz., 8 oz.
select varieties

3.99

Reg. \$5.49

Ithaca
Organic
Hummus10 oz.
select varieties

7.69

Reg. \$8.49

BUBBIE
Pickles33 fl. oz.
select varieties

PANTRY



8.99 Spectrum
Toasted
Sesame Oil
Reg. \$12.99 16 fl. oz.



6.99 TonNino
Tuna in
Olive Oil
Reg. \$9.49 6.7 oz.



4.99 Maille
Dijon
Mustard
Reg. \$6.49 7.5 oz.



1.59 Simply Organic
Gravy Mixes
Reg. \$1.99 .85-1 oz.
select varieties



6.99 Sir Kensington's
Mayonnaise
Reg. \$9.99 12 fl. oz.
select varieties



16.99 ZOE
Extra Virgin
Olive Oil
Reg. \$22.49 1 L



4.49 Pacific Foods
Organic Soups
Reg. \$5.99 32 fl. oz.
select varieties



2/\$6

Reg. \$3.99

Bionaturae
Organic Pasta

16 oz., select varieties



3.69 Bionaturae
Organic Tomatoes
Reg. \$4.99 28.2 oz.
select varieties

Co-op Holiday Gift Picks

Looking for a little gifting inspiration? Here are some of our favorite small seasonal finds to make holiday gift giving a little easier.

Tiny Treats

Small gifts with real charm. Chocolate sardines make a fun stocking stuffer for the foodie in your life, while a chocolate Swiss Army knife is ideal for that person who always has a multitool on hand. Gelt coins are a classic Hanukkah treat, great for dreidel games and small add-ons. Candy not your thing? Badger lip balm variety packs offer a little winter TLC. Easy to share, fun to unwrap, and conveniently sized for holiday giving.



- ① **Gerrits**
Milk Chocolate Gelt
\$2.49 | Seasonal Exclusive
- ② **Badger**
Cocoa Butter Lip Balm
\$15.99 | Reg. \$17.99
- ③ **Felchlin Victorinox**
Chocolate Swiss Army Knife
\$3.99 | Seasonal Exclusive
- ④ **Ile De Re**
Milk Chocolate Sardines
\$14.49 | Seasonal Exclusive

Seasonal Comfort

Cold-weather comforts that feel right at home this time of year. Vermont maple syrup, rich cocoa, handcrafted caramels, Lake Champlain chocolate, and our seasonal insulated camp mugs all make dependable host gifts and thoughtful picks for out-of-towners.



- ⑤ **Baird Farm**
Holiday Maple Syrup Tin
\$13.49 | Seasonal Exclusive
- ⑥ **Lake Champlain Chocolates**
Assorted Hot Chocolate
\$10.49 | Reg. \$12.99
- ⑦ **Lake Champlain Chocolates**
Hanukkah Chocolate Coins
\$11.99 | Seasonal Exclusive
- ⑧ **Big Picture Caramels**
Holiday Farm Caramel Boxes
\$9.49 | Seasonal Exclusive
- ⑨ **Klean Kanteen**
Seasonal Camp Mugs
\$21.99 | Reg. \$27.99

★ Sustainable Surprises ★

Useful gifts with a lighter footprint. Made right here in Middlebury, Bees Wrap is a staff favorite for keeping cheese fresh and cutting down on plastic. Baby Bulga baskets, hand-woven by African artisans, add beauty and function to any space. And whether you choose the winter-themed insulated cup or the kid-friendly sport bottle, Klean Kanteen makes staying hydrated a little more fun.

- ⑩ **Bee's Wrap**
Assorted 3 Pack Wrap
\$15.99 | Reg. \$19.99
- ⑪ **Ten by Three**
Baskets Baby Bolga
\$29.99 | Reg. \$35.99
- ⑫ **Klean Kanteen**
Winter Pines
Insulated Kanteen
\$27.99 | Reg. \$32.99
- ⑬ **Klean Kanteen**
Snow Beast Sport Kanteen
\$14.99 | Reg. \$18.99



★ Treat YoSelf ★

A little indulgence goes a long way. Celebrate the season with crisp brut Champagne, unwind with locally poured soy candles and luxurious bath kits, and add a bit of seasonal comfort with winter-scented hand soaps. Go ahead – treat yo-self.



- ⑭ **Domaine Bousquet**
Sparkling Brut
\$9.99 | Reg. \$13.99
- ⑮ **Belle Savon Vermo**
Local Soy Candles
\$11.99 | Reg. \$13.99
- ⑯ **Aura Cacia**
Bath Kits
\$8.49 | Reg. \$9.49
- ⑰ **Moon Valley**
Seasonal Hand Soap
\$5.29 | Reg. \$6.99

BAKING

8.49

Reg. \$12.49

Spectrum
Organic Vegetable
Shortening

24 oz.



10.49

Reg. \$13.99

Navitas
Cacao Nibs

8 oz.



6.49

Reg. \$7.99

King Aurther
All Purpose Flour

5 lbs.



9.49

Reg. \$11.99

King Aurther
Gluten Free Flour

3 lbs.



6.49

Reg. \$8.49

Enjoy Life
Chocolate Chunks9 oz.
select varieties

2.99

Reg. \$3.49

Lets Do Organic
Shredded Coconut

8 oz.



4.49

Reg. \$5.99

Dandies
Marshmallow
Cream

6.3 oz.



2/\$7

Reg. \$4.49

Dandies
Marshmallows10 oz.
select varieties

FROZEN



5.49 Ben & Jerry's
Ice Cream
1pt.
select varieties
Reg. \$6.49



8.99 Alden's Organic
Ice Cream
48 fl. oz.
select varieties
Reg. \$9.99



2/\$7 Van's
Waffles
9 oz.
select varieties
Reg. \$4.49



6.49 Feel Good Foods
Appetizers
10 oz.
select varieties
Reg. \$8.99



5.49 Deep
Appetizers
12 oz.
select varieties
Reg. \$6.99



5.49 Tucson Tamale
Tamales
10 oz.
select varieties
Reg. \$7.49



7.49

Reg. \$9.99
Woodstock
Tortellini
20 oz., select varieties



2/\$8 Cascadian Farms
Spud Puppies
16 oz., select varieties
Reg. \$5.69

WELLNESS



3.99

Reg. \$5.49

ECOS
Dishmate Soap

25 oz.
select varieties



2/\$5

Aura Cacia
Organic Fizzy
Bath Salts

Reg. \$3.99

2.5 oz.
select varieties



8.99

Bass
Sea Sponge

Reg. \$11.49

1 count
select varieties



4.69

Meyers
Hand Soap

Reg. \$7.49

12.5 oz.
select varieties



18.99

Kal
Magnesium
Glycinate

Reg. \$25.99

160 count



23.99

Garden Of Life
Organic Elderberry
Gummies

Reg. \$32.99

120 count



26.99

Smarty Pants
Women's
Gummy Vitamins

Reg. \$34.49

120 count

WELLNESS



13.99 Bass
Hairbrushes
1 count
select varieties
Reg. \$18.99



2.69 Preserve
Toothbrush
1 count
select varieties
Reg. \$3.49



6.99 Andalou
Shampoo
11.5 fl. oz.
select varieties
Reg. \$8.49



3.69 Tom's
Floss
32 yds.
select varieties
Reg. \$5.49



5.39 Tom's
Mouthwash
16 fl. oz.
select varieties
Reg. \$7.99



5.99 Tom's
Toothpaste
4 oz.
select varieties
Reg. \$7.99



7.99

Reg. \$12.99
Badger Balm
Organic Hard
Working Hands
2 oz.



14.99 Welda
Skin Food
2.5 fl. oz.
select varieties
Reg. \$19.99

Co-op Holiday Hours

CHRISTMAS EVE
Closing at 5pm

NEW YEAR'S EVE
Closing at 5pm

CHRISTMAS DAY
Closed

NEW YEAR'S DAY
Closed



2/\$4

Reg. \$2.49

KeVita
Probiotic Beverages

12 fl. oz.
select varieties



5.49 San Pellegrino
Sparkling Beverages
Reg. \$8.99

6-11.15 fl. oz.
select varieties



2/\$4 Justin's
Organic
Chocolate Cups
Reg. \$2.49

1.4 oz
select varieties



3.29 Kettle
Potato Chips
Reg. \$4.49

5 oz.
select varieties



4.69 Mi Niña
Organic
Tortilla Chips
Reg. \$5.99

12 oz.
select varieties



MIDDLEBURY
NATURAL
FOODS
CO-OP

HOLIDAY HOURS
12/24 - Closing @ 5:00PM
12/25 - Store Closed

OPEN DAILY 8AM-7PM
9 Washington St.
(802) 388-7276
Middlebury.coop