

Shop locally & save!



Support your downtown!

CO-OP CONNECTION



Present your Middlebury Natural Foods Co-op Member card at any of the following businesses to receive the listed discount!

These discounts may not be used on sale items or combined with other offers

What is it?

At the Co-op, our investment in a **Vibrant Local Economy** extends beyond our store walls and the local producers whose products we sell. Through our Co-op Connection program, we've formed a partnership with 20 Middlebury businesses, to help sustain and grow our downtown. These local shops, salons, service centers and health clubs have entered into a partnership with the Co-op,

providing a discount or special deal for our member-owners. In turn, the Co-op provides a discount to these business owners and their households and helps to get the word out about the products and services they provide. As Co-op member-owners, you can contribute to AND benefit from using this program, by shopping locally.

Put your money where your home is.

Member-owners, take a look at the benefits you'll enjoy through the Co-op Connection when you present your Co-op Card!

Natural Medicine of Vermont

Dr. Karen Miller-Lane, N.D., L.Ac. is a Naturopathic physician and licensed acupuncturist, providing comprehensive, integrated health care to meet your specific needs, using diet & nutrition, acupuncture, counseling, and western & Chinese herbs. Office hours: Mon. by appt, Tues. 9-4, Wed. 1-5, Thurs. 9-4

50 Court Street, Middlebury, 388-6250
NatMedVT.com

10% Off 1ST Visit

2% Off Subsequent Visits

**Natural Medicine
of Vermont**

The logo for FLORA Cannabis features the word "FLORA" in a large, serif font with a stylized leaf icon above the letter 'O'. Below it, the word "CANNABIS" is written in a smaller, spaced-out, sans-serif font.

FLORA Cannabis

FLORA is Vermont's first adult-use cannabis retailer, offering a comfortable, clean, safe, and relaxing place to purchase high-quality, lab-tested, premium Vermont cannabis and cannabis products.

2 Park Street, Middlebury, 989-7948
FloraVT.com

10% Off

The logo for VERMONT Sun FITNESS CENTERS features the word "VERMONT" in a bold, sans-serif font, followed by "Sun" in a script font with a sun icon. Below it, "FITNESS CENTERS" is written in a smaller, spaced-out, sans-serif font.

Vermont Sun

Since 1985, 25,000 sq.ft. state of the art facility. Voted best fitness center every year! Olympic swimming pool. Over 250 group fitness classes each month, including Yoga, Spinning, Body Pump, Arthritis & Aqua Aerobics, Senior Fitness, & more. Programs for kids to seniors, Personal Training & more!

812 Exchange Street, Middlebury, 388-6888
11 Main Street, Vergennes
VermontSun.com

50% Off Enrollment Fee!

HEALTH & FITNESS



Otter Creek Yoga

Offers daytime, evening, and weekend classes for beginning & experienced students. Our faculty includes two certified Iyengar teachers. We have classes for all ages, from preschool to seniors! Visit our sunny studio to calm and center body & mind.

Marbleworks, Middlebury, 388-1961
OtterCreekYoga.com

Your First Class is Free



Middlebury Fitness

A modern 18,000 square foot fitness facility featuring state of the art strength and cardio equipment, 3 spacious group fitness studios and a packed group fitness schedule. Superior cleanliness and exceptional customer service have always been core to our mission!

175 Wilson Road, Middlebury, 388-3744
MiddleburyFitness.com

50% Off Enrollment Fee

First Class or Workout is FREE

Middlebury Sweets

Vermont's largest candy store. With over 1500 different products. Handmade chocolate made right in our shop. We also carry maple syrup and other Vermont-made products. We now carry Lego and other small toys, as well.

1395 Route 7 South, Middlebury, 388-4518
MiddleburySweets.com

10% Off

(Excludes maple syrup & Lego products)



Maple Landmark

Maple Landmark Woodcraft

Your favorite local woodworkers, crafting toys, games, gifts, and decor from sustainably harvested local lumber. Retail store open Mon - Sat, stocking new items, classics (including the famous NameTrains), and limited time offers. Find us online, too!

1297 Exchange Street, Middlebury,
388-0627 - MapleLandmark.com

10% Off



Green Mountain Adventures

GMA has been outfitting people for Fly Fishing, Hiking, Trail Running, and Nordic Skiing in the greater Middlebury area for over 23 years. Providing only the highest quality gear and apparel with a strong commitment to customer service. Authorized retailer of Patagonia and Darn Tough.

56 Main St, Middlebury 388-7245
mmvt.com

10% Off

Otter Creek Used Books

An eclectic used bookstore - paperback to hardcover, used and antiquarian.

Open Monday - Saturday
10am - 5pm, Sunday by chance.

99 Maple Street, Marbleworks,
Middlebury 388-3241

OtterCreekUsedBooks.com

10% Off

OTTER
CREEK
USED
BOOKS

County Tire Center, Inc.

We offer complete front end work, alignments, brakes, shocks, tires & exhaust. We are also Hybrid/EV qualified to work on all makes & models, specializing in Toyota Prius. We have an in town shuttle for your convenience.

33 Seymour Street, Middlebury, 388-7620

info@countytirecenter.com

CountyTireCenter.com

10% Off Parts; 5% Off Tires



SHOPPING



DINING & COFFEE



Juice Amour

100% Organic Fresh Pressed Fruit & Veggie Juice, Juice Cleanses, Guilt Free Raw Smoothies, Chia Pudding Bowls, ACAI Bowls, Raw, Sprouted Nut Milks & Snacks.
16 Merchants Row, Middlebury 989-7271
JuiceAmour.com

10% Off



Royal Oak Coffee

Nestled in the heart of Middlebury, Royal Oak Coffee strives to provide excellent coffee and other locally-sourced goods and to serve the community. We would love to have you visit!

30 Seymour St., Middlebury, 349-1609
RoyalOakCoffee.com

10% Off



Stone Leaf Tea House

Importing the freshest loose leaf tea! Each year we travel to source our quality teas from family farms and organic estates. Hot & Iced Tea, teapots, strainers, travel tea mugs, and all things tea available!

Marbleworks, Middlebury, 458-0460,
StoneLeafTea.com

10% Off

Green Peppers Restaurant

A Middlebury family restaurant offering curbside pickup of pizza, calzones, fresh salads, soups, pasta, subs, hoagies, grinders. Lots of fresh veggies & lots of toppings to choose from. Open every day at 10:30 am. We now carry a gluten free crust on a regular basis!

10 Washington Street, Middlebury, 388-3164

10% Off



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SALON & SPA



Texture Salon

A full service salon, offering ammonia free organic color, as well as healthy alternatives for skin & hair.

58 North Pleasant St.,
Middlebury, 388-9449
TextureSalonVT.com

10% Off Your First Visit
(service & retail)



honey
wax bar

Honey Wax Bar

A private esthetic boutique in the heart of downtown Middlebury. Brow & lash lifting as well as tinting and shaping. Specializing in full body hair removal with honey wax and a love of natural products.

54 Main Street Middlebury,
989-9122 - HoneyWaxBar.com

10% Off

Waterfalls
Day Spa

Waterfalls Day Spa

Located in the historic Middlebury Inn, Waterfalls goal is to provide a one of a kind, exceptional spa experience. We strive to improve our customers quality of life through tailored treatments designed to satisfy the whole body with treatments ranging from massage therapy, aesthetics, hair, skin and nail care. We understand the importance of holistic hair care and use only nontoxic products free of unnecessary chemicals.

14 Court Square, Middlebury, 388-0311
MiddleburySpa.com

10% Off