

Middlebury Natural Foods Co-op Demonstration Calendar

2022 AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 VT Dept of Health World Breastfeeding Awareness Week 11-2 ☔	4 New Leaf Organics 3-5:30 🍏	5 Red Hen Baking 1-3 ☔	6
7	8	9	10	11 In-House Pork Chops 12-2 🍏 Sisters of Anarchy 11-2 💬	12	13
14	15	16	17	18	19	20
21	22	23 VT Professionals of Color Network 11-2 ☔	24	25	26 OWL Bars 11-2 🍏	27
28	29	30	31			

**Come meet your local farmers & producers!
Share samples, recipes, & information!**

☔ DEMO ON THE PLAZA

🍏 DEMO IN PRODUCE DEPT

🗨️ DEMO IN DELI/BAKERY/CHEESE DEPT