

Middlebury Natural Foods Co-op Demonstration Calendar

2022 MAY

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Eastview Dementia-Friendly Coalition 9:30-2 ☂	2 Homeward Bound 11-1 ☂	3	4	5	6 High Culture Brewing 11-2 🍏	7
8	9	10 La Riojana 3-6 🍷	11	12	13 Vermont Salumi 12-2 🍏	14
15	16	17	18	19	20 Red Hen Baking Co 1-4 🍏	21
22	23	24	25	26 In-House Marinated Meats 11-1 🍷	27 Shacksbury 3-6 🍷	28 Shacksbury 11-2 🍷
29	30	31				

**Come meet your local farmers & producers!
Share samples, recipes, & information!**

☂ DEMO ON THE PLAZA

🍏 DEMO IN PRODUCE DEPT

🍷 DEMO IN DELI/BAKERY/CHEESE DEPT