

# BENEFITS

PERKS FOR PART-TIME STAFF  
(16 HOURS PER WEEK)



BENEFITS FOR ELIGIBLE STAFF



## READY TO APPLY TODAY?

Check us out online at  
**<https://middlebury.coop>**.  
Click "**Careers**" to browse our  
current openings, learn more about  
our benefits, and submit your  
application!

### STAY CONNECTED!



LIKE US ON FACEBOOK:  
[FACEBOOK.COM/MIDDLEBURYCOOP/](https://facebook.com/middleburycoop/)



FOLLOW US ON INSTAGRAM:  
[@MIDDLEBURY\\_COOP](https://instagram.com/middlebury_coop)



LOOK US UP ON LINKEDIN:  
"MIDDLEBURY NATURAL FOODS COOP"

9 Washington Street  
Middlebury, VT  [middlebury.coop](https://middlebury.coop)  
802-388-7276  
Open Daily 8am-7pm



MIDDLEBURY  
NATURAL  
FOODS  
CO-OP

## GROW YOUR CAREER AT THE CO-OP!

# JOIN



## 7 COOPERATIVE PRINCIPLES:

Thinking about working at the Co-op but not sure what it means? Let's get started! Here are some key words to guide you as you learn more about us on our website.

- 🌿 Voluntary and open membership
- 🌿 Democratic Member Control
- 🌿 Member Economic Participation
- 🌿 Autonomy and Independence
- 🌿 Education, Training, and Information
- 🌿 Cooperation among Cooperatives
- 🌿 Concern for Community



*"There is definitely a family-like atmosphere among staff. Everyone is working hard, smiling, helping one another, and going above and beyond for customers."*



# WORK



**OUR CO-OP IS MADE OF TALENTED TEAMS**  
**Admin**  
**Bulk, Cheese & Dairy**  
**Front End**  
**Grocery**  
**Prepared Foods**  
**Produce**  
**Wellness**

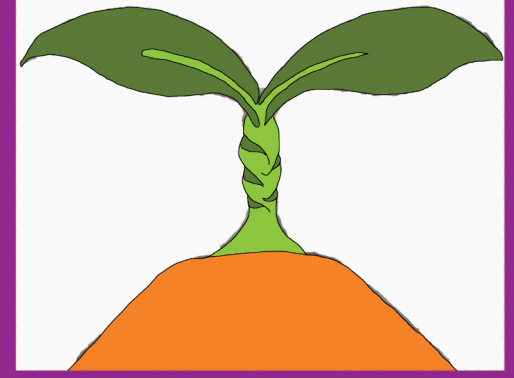
**Our Ends = commitments that unite all MFNC departments**

🌿  
 Healthy foods  
 Vibrant local economy  
 Environmentally sustainable practices  
 Cooperative democratic ownership  
 Learning about these values

*"We get our work done, we enjoy ourselves, and we feel like we've made a difference in supporting our Ends."*



# GROW



## **Workshops:** **Opportunities to Build Community**

The Co-op offers workshops led by staff as well as by outside experts throughout the year. Workshops provide opportunities to get to know other staff members in these sessions while sharing the talents and knowledge they bring to their team.

We encourage staff members to attend these sessions as a means to explore their interests and build community within the Co-op.

