

Middlebury Natural Foods Co-op Demonstration Calendar

2019 AUGUST

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 La Riojana 3-6	2 Aqua Vitea 11-2	3 Knife Sharpening 10-1
4	5 Road Trip Fudge Sauce 11-2	6 Good Mix 12-5	7 Aqua Vitea 11-1	8 DuBreton Pork 11-2 New Leaf Organics 3-6	9 Cabot 11-2 Sonia's Salsa 11-2	10 Joe's Soups 11-2
11	12 Living Well Residence 11-2	13 MNFC Meats 11-2	14	15 4 Season Sprouts 11-1 Best Moon Bakery 3-6	16 Red Door Bakery 11-2	17 Grandy Oats 11-2
18	19	20 Field Day 4-6	21	22	23 OWL Bars 11-2	24 OWL Bars 3-6
25	26	27	28	29 Vermont Coffee Co 11-2 MNFC Meats 11-2 Picnic Provisions 3-6	30 Red Hen 11-2	31 Joe's Soups 11-2

**Come meet your local farmers & producers!
Share samples, recipes, & information!**

● DEMO IN PRODUCE DEPT

● DEMO IN DELI/BAKERY/CHEESE DEPT