



Middlebury Natural Foods Co-op Demonstration Calendar DECEMBER 2018



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|-------------------------------------|--|---|--|--|
| | | | | | | ¹ Knife Sharpening 10-1 Brisket with CB 12-2 VT Creamery 3-6 |
| ² | ³ Beef Brisket Stroganoff with Ian 12-2 Survey with Karin 3-6 | ⁴ Survey with Emily 11-2 | ⁵ Good Mix 11-4 Survey with Victoria 11-2 | ⁶ Survey with Shannon 11-2 Plymouth Cheese 11-2 | ⁷ VT Cheeseless Cheesecake 11-2 Survey with Karin 12-3 Castleton Crackers & VT Farmstead Cheese 3-6 | ⁸ Baird Farm 11-2 Survey with Emily 3-5 |
| ⁹ Pulp Kitchen Juice 11-2 | ¹⁰ | ¹¹ | ¹² | ¹³ Orb Weaver Cheese 3-6 | ¹⁴ The Yerbary 11-2 Windstone Farm Pesto 3-6 | ¹⁵ Paradiso Farm 10-1 Pinup Pickles 11-2 Bionaturae with CB 3-5 |
| ¹⁶ Farmhouse Chocolates 11-2 Farmhouse Chocolates 11-2 | ¹⁷ Ian's Sweet Buttermilk Biscuits 12-2 | ¹⁸ Orb Weaver Cheese 3-6 | ¹⁹ VT Homestead Gourmet 11-2 Honeywilya Fish 3-6 | ²⁰ | ²¹ | ²² |
| ²³ | ²⁴ | ²⁵ | ²⁶ | ²⁷ | ²⁸ The Yerbary 11-2 | ²⁹ Niman Ranch with CB 12-2 |
| ³⁰ | ³¹ Ian's Coconut Cashew Rice 12-2 | | | | | |



Come meet your local farmers & producers!
Share samples, recipes, & information!

