

DESSERTS



CHOCOLATE PECAN PIE

\$15.99 Each Serves 5-6

This decadent and rich pie is a real treat. Made with organic agave nectar instead of corn syrup!

Ingredients: Filling: Pecans, *Brown Sugar, Dark Chocolate Chips, *Agave Nectar, +Eggs, *Butter, Vanilla Extract, Sea Salt
Crust: Brown Rice Flour, Water, *Palm Fruit Oil, *Evaporated Cane Syrup, Tapioca Starch, Potato Starch, Sea Salt, Baking Powder, Guar Gum



GINGER PEAR PIE

\$14.99 Each Serves 5-6

The lemony brightness of this is just a lovely pairing with the light sweetness of organic pears and the spicy of warmth of the ginger.

Ingredients: Filling: Bartlett Pears, *Brown Sugar, *+Maple Syrup, *Crystalized Ginger, *Cornstarch, *Lemon Juice, Lemon Zest, Sea Salt, Baking Soda, Ginger, *Cinnamon, *Cloves, Sea Salt
Topping: Gluten Free Flour, *Wheat Free Rolled Oats, *Brown Sugar, *Butter, Sea Salt
Crust: Brown Rice Flour, Water, *Palm Fruit Oil, Evaporated Cane Syrup, Tapioca Starch, Potato Starch, Sea Salt, Baking Powder, Guar Gum

+ = LOCAL * = ORGANIC

How to Order

Look for our clipboard at the customer service desk to place your orders

When filling out your order, be sure to mark:

- ✓ First & Last name
- ✓ Phone Number to reach you
- ✓ Date you plan to pick up your order
- ✓ How many of each item you wish to order

Pre-order by
Sunday, Nov 18th

The week of Thanksgiving, we will:

- ✓ Give you a courtesy call to confirm your order a day before pickup
- ✓ Have your order packaged and ready for pickup by 8am on the pick up day selected
- ✓ Staff members will be near the meat department ready to hand over your order

CO-OP
MADE

Holiday Sides & Desserts

ORDERING GUIDE



MIDDLEBURY
NATURAL
FOODS
CO-OP

1 (802) 388-7276
middlebury.coop

SIDES



BUTTERNUT SQUASH SOUP

\$9.49 Per Quart Serves 4-6

A customer favorite, our butternut squash soup uses locally grown sweet potatoes, maple syrup, organic dairy and of course butternut squash.

Ingredients: *Butternut Squash, *+Onions, *+Sweet Potato, *+Cream, *Butter, *+Maple Syrup, *Apple Cider Vinegar, *Thyme, *Sage, *Black Pepper, Sea Salt



RED SKIN MASHED POTATOES

\$5.99 Each Serves 4-6

This classic side dish is made with locally grown potatoes, local dairy and lots of flavor.

Ingredients: *+Red Potatoes, +Whole Milk, +Sour cream, + Butter, *Lemon Juice, Sea Salt, *Black Pepper



TURKEY GRAVY

\$4.99 Each Serves 4

Local Turkey drippings load this gravy full of flavor.

Ingredients: +Turkey, *+Flour, *Pepper, Salt

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ROASTED BUTTERNUT SQUASH

\$12.99 Per Quart Serves 5-6

Organic butternut squash simply prepared tossed in black pepper, sea salt and roasted till sweet and tender.

Ingredients: * Butternut Squash, *Extra Virgin Olive Oil, Sea Salt, *Black Pepper



STUFFING

\$5.99 each Serves 5-6

Classic stuffing with fresh sage and fresh garlic. Traditional and herbaceous.

Ingredients: +Bread Crumbs, Onions, Celery, *Veggie Stock, *Sunflower Oil, Fresh Sage, *Garlic, *Thyme, Sea Salt, *Black Pepper

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Reheating instructions
for all items are available
upon request



WILD RICE SALAD

\$5.99 Each Serves 4-6

Earthy flavors of the wild rice blend compliment the sweet fruitiness of currants in this versatile side dish.

Ingredients: *Wild Rice, Dried Currants, Water, *Sunflower Oil, Sea Salt



ROASTED BRUSSEL SPROUTS

\$12.99 Each Serves 4-5

Fresh Brussel Sprout halves tossed with olive oil, lightly seasoned with salt and pepper, and roasted till tender

Ingredients: Brussel Sprouts, *Extra Virgin Olive Oil, *Black Pepper, Sea Salt



CRANBERRY SAUCE WITH DRIED FIGS

\$7.49 Each Serves 4

This sweet and tangy cranberry sauce is made with locally grown cranberries. It has a unique twist with the addition of figs, an unexpected and wonderful combination.

Ingredients: +Cranberries, *Evaporated Cane Sugar, *Cranberry juice, *Orange Juice, *Figs, *Brown Sugar, *Rosemary, *Black Pepper

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