



Jumelles Wellness Midwifery

Chenoa Hamilton,

CPM, LM, provides a woman-centered practice offering central Vermont families home birth midwifery care, doula services, lactation counseling, child birth education, and support in pregnancy, birth, and beyond.

5 Park St. Suite 3C, Middlebury, 503-961-4132
jumellesvt.com

**2% Off Initial Prenatal Appointment,
2% Off Birth Tub Rental**



McDaniel Chiropractic Center, Inc.

Experience the benefits of a 360 degree approach to healthcare; incorporating diet, exercise, ergonomics, life style management, and chiropractic care to help you achieve your health care goals.

Drs. Jim & Julia McDaniel. 1330 Exchange Street, Suite 105, Middlebury 388-0970

10% Off



Vermont Sun

Since 1985, 25,000 sq. ft. state of the art facility. Voted best fitness center every year! Olympic swimming pool. Over 250 group fitness classes each month, including Yoga, Spinning, Body Pump, Arthritis & Aqua Aerobics, Senior Fitness, & more. Programs for kids to seniors, Personal Training & more!

812 Exchange Street, Middlebury, 388-6888
11 Main Street, Vergennes, 877-2030

vermontsun.com

70% off Lifetime Membership Fee!

Also, call for free swim, class, or workout!

County Tire Center, Inc.

County Tire Center Inc.

We offer complete front end work, alignments, brakes, shocks, tires & exhaust. We are also Hybrid/EV qualified to work on all makes & models, specializing in Toyota Prius. We have an in town shuttle for your convenience.

33 Seymour Street, Middlebury, 388-7620
info@countytirecenter.com / countytirecenter.com

10% Off Parts; 5% Off Tires



Texture Salon

A full service salon, offering ammonia free organic color, as well as healthy alternatives for skin & hair.

58 North Pleasant St., Middlebury, 388-9449
texturesalonvt.com

10% Off Your First Visit (service & retail)



Kiss the Cook

Offering innovative cookware, outstanding cutlery, and unique gifts

for people who love to cook! Regular sampling events and demonstrations. Vermont-owned for over 25 years!

16 Merchants Row, Middlebury 349-8803
kissthecook.net

10% Off

These discounts may not be used on sale items or combined with other offers.



CO-OP CONNECTION



**Featured Business of the Month:
Waterfalls Day Spa**

**Get Great deals at our
Featured Business of the Month
and many other Middlebury businesses!
See full list inside!**



Stone Leaf

Importing the freshest loose leaf tea! Each year we travel to source our quality teas from family farms and organic estates. Relax with a pot of

tea at our Teahouse in the Marbleworks or purchase in the Bulk department at the Co-op!

Marbleworks, Middlebury, 458-0460, stoneleaftea.com

10% Off



Maple Landmark Woodcraft

Locally crafted wooden toys, gifts, & games, made from sustainably harvested local lumber. Full factory tours offered Mon-Fri 10:00 am & 1:00 pm. Retail store open Mon - Sat stocking new items, classics, and limited-time offers. Find us online, too!

1297 Exchange Street, Middlebury, 388-0627 maplelandmark.com

10% Off

Wild Mountain Thyme

Specializing in unique clothing, jewelry & bags from around the world; baby clothes; natural fibers & friendly service.

48 Main Street, Middlebury, 388-2580

5% Off



Green Peppers Restaurant

A Middlebury family restaurant. Eat in or take out. Pizza, calzones, fresh salads, soups, pasta, subs, hoagies, grinders. Lots of fresh veggies & lots of toppings to choose from. Open every day at 10:30 am. We now carry a gluten free crust on a regular basis!

10 Washington Street, Middlebury, 388-3164

10% Off



Middlebury Sweets

Vermont's largest candy store. Over 1,000 products

including handmade chocolates, bulk candy, jelly belly beans, 21 colors of "my m&ms", gummies, taffy, licorice, old fashioned candies, ice cream, malted milk shakes, maple syrup & so much more!

12 Ossie Road, Middlebury, 388-4518 middleburysweets.com

10% Off



Middlebury Fitness

We feature a wide variety of the most current cardio & strength training equipment, and over 45 group fitness

classes per week highlighted by a knowledgeable, caring and professional staff. Classes include Yoga, Barre, Body Pump, Core & More, Strength & Stability, Spinning, Senior Fitness, and more! 3rd annual recipient of the United Way of Addison County Partner Award! Drop by or visit us at www.middfit.com to learn more!

175 Wilson Road, Middlebury, 388-3744

50% Off Enrollment Fee

10% Off Short Term Membership First Class or Workout is FREE

Natural Medicine of Vermont

Dr. Karen Miller-Lane, N.D., L.Ac. is a Naturopathic physician and licensed acupuncturist, providing comprehensive, integrated health care to meet your specific needs, using diet & nutrition, acupuncture, counseling, and western & Chinese herbs. Office hours: Tues. 9-4, Wed. 9-5, Thurs. 9-4.

50 Court Street, Middlebury, 388-6250 www.naturalmedicineofvermont.com

10% Off 1st Visit

\$5 Off Subsequent Visits



Danforth Pewter

Handcrafted ornaments, jewelry, oil lamps and other home and personal accessories.

52 Seymour Street, Middlebury
46 Main Street, Middlebury, 388-8666 danforthpewter.com & shirleypewter.com

10% Off

Main Street Stationery

A complete line of office supplies, greeting cards, gifts, full color copies and fax services. We are an authorized Fed Ex agent.

40 Main Street, Middlebury, 388-6787

10% Off



Juice Amour

100% Organic Fresh Pressed Fruit & Veggie Juice, Juice

Cleanses, Guilt Free Raw Smoothies, Chia Pudding Bowls, ACAI Bowls, Raw, Sprouted Nut Milks & Snacks.

1396 VT Rt 7 S., Unit 5 Middlebury, 989-7271 juiceamour.com

10% Off



REV Fitness for Women

Strength and

Endurance Training for weight loss, bone building, balance improvement, and cardiovascular health. This 30 minute circuit workout is energizing and uncomplicated. Instruction provided in a sunny, private women's-only studio, by certified trainer/owner Michele Butler 175 Wilson Road (Inside Middlebury Fitness), Middlebury, 989-0096 www.revfitnessforwomen.com

25% Off Enrollment Fee, 10% off personal training (limit 2 packages)

Pro Skin Studio

A boutique spa offering a unique experience unparalleled to that found in a large salon and spa or medspa. Pro Skin Studio offers skin treatments, peels, microdermabrasion, LED, microneedling, full body waxing, eyebrow design, lash lifts, brow & lash tinting, fireless cupping, shiatsu, & full body massage.

In the Marbleworks next to Stone Leaf Teahouse
111 Maple St, Suite 24 Middlebury, 458-8964

proskinstudio.com

10% Off



Waterfalls Day Spa

Located in the historic Middlebury Inn, Waterfalls Day Spa has been

caring for our community for over 10 years. Offering a full range of salon and spa treatments for men, women, and teens, Waterfalls sets the standard for excellence in the salon and spa community with exceptional customer service and highly skilled practitioners.

14 Court Square, Middlebury, 388-0311 middleburyspa.com

10% Off



Otter Creek Yoga

offers daytime, evening, and weekend classes for beginning & experienced students. Our faculty

includes two certified Iyengar teachers. We have classes for all ages, from preschool to seniors! Visit our sunny studio to calm and center body & mind.

Marbleworks, Middlebury, 388-1961 ottercreekyoga.com

Your First Class is Free