

Middlebury Natural Foods Co-op Demonstration Calendar AUGUST 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Drew's Organics 11-2	Aqua ViTea 11-2 Road Trip Foods 3-6	Paradiso Farm Coffee 11-1	4 Knife Sharpening 10-1 Baird Farm 2-5
5	Ice Cream Sundaes with Sean 12-2	7	8	Caroline's Dream 11-2 Vita Biosa 3-6	1Addison Co Home Health & Hospice 11-2 Windstone Farm Pesto 3-6	
12	13	14 ACHHH 11-2 Poke Bowl with Kenzie11-1 New Leaf 3-6	Philamena's 11-2	16	17	Host Defense 11-2
19	20	Ian's Back-to- School Snacks 12-2:30	22	23	24	Caroline's Dream 11-2
26	Quesadillas with Ian 11-1	Prairie Sushi with Kenzie 11-1	29	Picnic Provisions 11-2	31 DennyMike's 11-2	



Come meet your local farmers & producers! Share samples, recipes, & information!

