



Middlebury Natural Foods Co-op Demonstration Calendar FEBRUARY 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Consider Bardwell 11-2	2 Boyden Farm 11-2 VT Salsa Co 11-2	3 Knife Sharpening 10-1 Douglas Sweets 11-1 DennyMike's 2-5
4	5 Joe's Soups 11-2 Mari's Guacamole 12-2	6 Mary Johnson Children's Center 11-2	7	8	9 The Orange Owl 12-2 Apis Kombucha 3-6	10 Small Town Cultures 11-2 Alpine Cheeses 11-2
11	12 Valentine Scones with Ian 11-1	13 Salmon Cakes with Kenzie 11-2 Farmhouse Chocolates 11-2	14	15 Red Hen 11-2	16 Joe's Bone Broth 11-2 Windstone Farm Pesto 3-6	17
18	19	20	21	22 Bell & Evans Chicken Thighs 11-2	23 Pinup Pickles 11-2	24
25	26 Ian's Vegan Butterscotch Pudding 11-1	27 Meatloaf with Kenzie 11-2	28			



**Come meet your local farmers & producers!
Share samples, recipes, & information!**

