



Middlebury Natural Foods Co-op Demonstration Calendar JANUARY 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Baked Camembrie & Pears with Ian 12-2	3	4 Tierra Farm 3-6	5	6 GRAND OPENING CELEBRATION
7	8 Loaded Oatmeal with Ian 11-1	9 Aqua Vitea 12-2	10	11 Maine Crisp Company 11-2 Benito's Hot Sauce 11-2	12 The Orange Owl 12-2	13
14	15	16 Good Mix 10-4	17	18 Windstone Farm Pesto 3-6	19	20
21	22	23 Aqua Vitea 11-1	24	25 Consider Bardwell Cheese 11-2	26 V Smiley Preserves 3-5:30	27
28 Lundberg Family Farms 11-3	29 Lundberg Family Farms 11-2, 3-6	30 Chicken Nugget Casserole with Ian 12-2	31 Good Mix 10-4			



**Come meet your local farmers & producers!
Share samples, recipes, & information!**

