



### Roger's Relaxing Massage Therapy

Myofascial release, massage, and paingoway specialist.

I can help lower your pain without using any drugs!

Open Mon 11am-6:30pm; Tues & Wed 9:30am-6:30pm; Thurs 9:30am-8:00pm; Fri 9:30am-6:30pm;

Sat 9:30am-5pm

Zeno House, 31 Court Street, Middlebury

388-2376

rogersrelaxingmassagetherapy.abmp.com

**10% Off**



### Texture Salon

A full service salon, offering ammonia free organic color, as well

as healthy alternatives for skin & hair.

58 North Pleasant St., Middlebury, 388-9449

texturesalonvt.com

**10% Off Your First Visit (service & retail)**



### Vermont Sun

Since 1985, 25,000 sq. ft. state of the art facility. Voted best fitness center every year! Olympic swimming pool. Over 250 group fitness classes each month, including Yoga, Spinning, Body Pump, Arthritis & Aqua Aerobics, Senior Fitness, & more. Programs for kids to seniors, Personal Training & more!

812 Exchange Street, Middlebury, 388-6888

11 Main Street, Vergennes, 877-2030

vermontsun.com

**70% off Lifetime Membership Fee!**

Also, call for free swim, class, or workout!



### McDaniel Chiropractic Center, Inc.

Experience the benefits of a 360 degree approach to health-care; incorporating diet, exercise, ergonomics, life style management, and chiropractic care to help you achieve your health care goals.

Drs. Jim & Julia McDaniel. 1330 Exchange Street, Suite 105, Middlebury

388-0970

**10% Off**



### Danforth Pewter

Handcrafted ornaments, jewelry, oil lamps and other home and personal accessories.

52 Seymour Street, Middlebury

46 Main Street, Middlebury, 388-8666

danforthpewter.com & shirleypewtershop.com

**10% Off**



### County Tire Center Inc.

We offer complete front end work, alignments, brakes, shocks, tires & exhaust. We are also Hybrid/EV qualified to work on all makes & models, specializing in Toyota Prius. We have an in town shuttle for your convenience.

33 Seymour Street, Middlebury, 388-7620

info@countytirecenter.com / countytirecenter.com

**10% Off Parts; 5% Off Tires**

**These discounts may not be used on sale items or combined with other offers.**



**CO-OP CONNECTION**



**Featured Business of the Month: Roger's Relaxing Massage Therapy**

**Get Great deals at our Featured Business of the Month and many other Middlebury businesses! See full list inside!**



### Stone Leaf

Importing the freshest loose leaf tea! Each year we travel to source our quality teas from family farms and organic estates. Relax with a pot of tea at our Teahouse in the Marbleworks or purchase in the Bulk department at the Co-op!

Marbleworks, Middlebury, 458-0460, stoneleaftea.com

**10% Off**



### Jumelles Wellness Midwifery

Chenoa Hamilton,

CPM, LM, provides a woman-centered practice offering central Vermont families home birth midwifery care, doula services, lactation counseling, child birth education, and support in pregnancy, birth, and beyond.

5 Park St. Suite 3C, Middlebury, 503-961-4132 jumellesvt.com

**2% Off Initial Prenatal Appointment, 2% Off Birth Tub Rental**

### Wild Mountain Thyme

Specializing in unique clothing, jewelry & bags from around the world; baby clothes; natural fibers & friendly service.

48 Main Street, Middlebury, 388-2580

**5% Off**



### Green Peppers Restaurant

A Middlebury family restaurant. Eat in or take out. Pizza, calzones, fresh salads, soups, pasta, subs, hoagies, grinders. Lots of fresh veggies & lots of toppings to choose from. Open every day at 10:30 am. We now carry a gluten free crust on a regular basis!

10 Washington Street, Middlebury, 388-3164

**10% Off**



### Middlebury Sweets

Vermont's largest candy store. Over 1,000 products

including handmade chocolates, bulk candy, jelly belly beans, 21 colors of "my m&ms", gummies, taffy, licorice, old fashioned candies, ice cream, malted milk shakes, maple syrup & so much more!

12 Ossie Road, Middlebury, 388-4518 middleburysweets.com

**10% Off**



### Green Mountain Shoe & Apparel

Newborn shoes by Robeez to men's Red

Wing & Chippewa work boots, we carry a variety of dress & casual shoes for the entire family. Sneakers by Asics, New Balance, & Saucony. Casual shoes by Merrell, keen, Born, Haflinger, Sanita & Dansko clogs. We carry casual clothing by Woolrich, Carhartt, North River, and Darn Tough Socks of Vermont.

260 Court St., Ste 4, Middlebury, 388-4399

1 Main Street, Bristol, 453-6337

**10% Off**

### Natural Medicine of Vermont

Dr. Karen Miller-Lane, N.D., L.Ac. is a Naturopathic physician and licensed acupuncturist, providing comprehensive, integrated health care to meet your specific needs, using diet & nutrition, acupuncture, counseling, and western & Chinese herbs. Office hours: Tues. 9-4, Wed. 9-5, Thurs. 9-4.

50 Court Street, Middlebury, 388-6250

www.naturalmedicineofvermont.com

**10% Off 1st Visit**

**\$5 Off Subsequent Visits**



### Maple Landmark Woodcraft

Locally crafted wooden toys, gifts, & games, made from sustainably harvested local lumber. Full factory tours offered Mon-Fri 10:00 am & 1:00 pm. Retail store open Mon - Sat.

1297 Exchange Street, Middlebury, 388-0627 maplelandmark.com

**10% Off**

### Main Street Stationery

A complete line of office supplies, greeting cards, gifts, full color copies and fax services. We are an authorized Fed Ex agent.

40 Main Street, Middlebury, 388-6787

**10% Off**



### Juice Amour

100% Organic Fresh Pressed Fruit & Veggie Juice, Juice

Cleanses, Guilt Free Raw Smoothies, Chia Pudding Bowls, ACAI Bowls, Raw, Sprouted Nut Milks & Snacks.

1396 VT Rt 7 S., Unit 5 Middlebury, 989-7271

juiceamour.com

**10% Off**



### REV Fitness for Women

Strength and

Endurance Training for weight loss, bone building, balance improvement, and cardiovascular health. This 30 minute circuit workout is energizing and uncomplicated. Instruction provided in a sunny, private women's-only studio, by certified trainer/owner Michele Butler 175 Wilson Road (Inside Middlebury Fitness), Middlebury, 989-0096

www.revfitnessforwomen.com

**25% Off Enrollment Fee, 10% off personal training (limit 2 packages)**

### Pro Skin Studio

An intimate boutique spa offering a unique experience unparalleled to that found in a large salon and spa or medspa. Pro Skin Studio offers skin treatments, peels, full body waxing, lash extensions, microneedling, reflexology, fireless cupping, eyebrow design, & full body massage.

45 Court St; Suite A, Middlebury, 349-6292

proskinstudio.com

**10% Off Any Massage or Reflexology**

### Middlebury Fitness



We feature a wide variety of the most current cardio & strength training equipment, and over 45 group fitness

classes per week highlighted by a knowledgeable, caring and professional staff. Classes include Yoga, Barre, Body Pump, Core & More, Strength & Stability, Spinning, Senior Fitness, and more! 3rd annual recipient of the United Way of Addison County Partner Award! Drop by or visit us at www.midfit.com to learn more!

175 Wilson Road, Middlebury, 388-3744

**50% Off Enrollment Fee**

**10% Off Short Term Membership**

**First Class or Workout is FREE**

### Otter Creek Yoga



offers daytime, evening, and weekend classes for beginning & experienced students. Our faculty

includes two certified Iyengar teachers. We have classes for all ages, from preschool to seniors! Visit our sunny studio to calm and center body & mind.

Marbleworks, Middlebury, 388-1961

ottercreekyoga.com

**Your First Class is Free**