



Middlebury Natural Foods Co-op Demonstration Calendar JULY 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Knife Sharpening 10-1 (Jim Cunningham)
2 Pulp Kitchen Juice 11-2 (Patrick)	3 Wood's Market Garden 11-2 (Courtney)	4	5	6	7	8 Vermont Creamery 3-6 Mascarpone (Pat Plowsky)
9	10	11 Ian's Hors d'Oeuvres Fruit, Cheese & Crackers 1-3	12	13 Woodstone Farm Pesto 3-6 (Terry)	14 Levinsky's Hot Sauce 3-6 (Jeff)	15
16	17	18 Black River Meats Ground Beef 11-2 (Danny)	19	20	21	22
23	24	25 Ian's S'mores Bars 1-3	26	27 Aqua Vitea 3-6 (Nick Puma)	28 Alaffia 11-2 (Gina) All Souls Tortilleria 3-6 (Sam or Joe)	29 Levinsky's Hot Sauce 11-2 (Jeff)
30	31					



**Come meet your local farmers & producers!
Share samples, recipes, & information!**

