



Middlebury Natural Foods Co-op Demonstration Calendar AUGUST 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 High Pond Goat Farm 11-2	2	3 VT Soup Company 11-2	4 Road Trip Foods 11-2	5 Jim Cunningham's Knife Sharpening 10-1
6	7	8 Good Mix Foods 10-4	9	10 WomenSafe 11-2 & 3-6	11 VT Soap 11-2 Windstone Farm Pesto 3-6	12 True North Granola 10-1
13	14	15 Host Defense 11-2 WomenSafe 3-6	16	17 Good Mix Foods 10-4	18	19
20	21	22 Lunchbox Snacks 1-3 Orb Weaver 3:30-5:30	23	24	25	26
27	28 Good Mix Foods 10-4	29 Pinwheel Wraps 12-2	30	31		



**Come meet your local farmers & producers!
Share samples, recipes, & information!**

