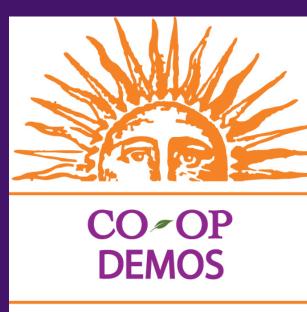


Middlebury Natural Foods Co-op Demonstration Calendar AUGUST 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		High Pond Goat Farm 11-2	2	VT Soup Company 11-2	Road Trip Foods 11-2	Jim Cunningham's Knife Sharpening 10-1
6	7	Good Mix Foods 10-4	9	10 WomenSafe 11-2 & 3-6	VT Soap 11-2 Windstone Farm Pesto 3-6	True North Granola 10-1
13	14	Host Defense11-2 WomenSafe 3-6	16	Good Mix Foods 10-4	18	19
20	21	Lunchbox Snacks 1-3 Orb Weaver 3:30-5:30	23	24	25	26
27	Good Mix Foods 10-4	Pinwheel Wraps 12-2	30	31		



Come meet your local farmers & producers! Share samples, recipes, & information!

