



Middlebury Natural Foods Co-op Demonstration Calendar APRIL 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Knife Sharpening 10-1
2	3	4	5	6 Good Mix 10-4	7 Kimball Brook Farm 11-2	8 Four Pillars Farm 11-2
9	10 Patchwork Farm Bakery Matzoh 11-1	11 Ian's Easter/ Passover Demo 12-2	12	13 Host Defense 11-2	14 Shelburne Farms 3-6	15 Hodo Soy 10-1
16	17	18 Good Mix Foods 10-4	19	20	21	22 Efficiency VT 10-12
23	24	25	26 Good Mix Foods 10-4	27	28	29 True North Granola 11-2
30						



**Come meet your local farmers & producers!
Share samples, recipes, & information!**

